



FOOD, FRIENDS & FELLOWSHIP



Meet new friends and learn about: Hope, Anger, Will power, Shame, Gratitude, Music and Forgiveness.

- ✔ *7 sessions, healthy breakfast recipes, and educational booklet FREE!*
- ✔ *Every Saturday, from March 22 – May 3, at 9:30 am – 10:45 am*



Contact Us:



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